

## 2nd Grade Girls Rules (Same as U-9)

~~~ 1st & 2nd Graders will only play 6 Games ~~~

Girls Coaches can only be on the field at the 2nd Grade level  
2nd Graders can not play up

### **GAME MODIFICATIONS:**

Youth lacrosse rules are designed to emphasize player safety, enjoyment and retention through the development of individual stick skills, game situation play, and sportsmanship.

Youth rules highlighted below are modifications of US Lacrosse rules and aimed at supporting the physical, cognitive and skill progression of each age group.

**COACH:** one coach allowed on field to instruct players in a positive manner. Keeping score optional.

**CHECKING:** absolutely no checking allowed in U9

**FIELD: U9:** plays on a modified field with a reduced number of players (7v7).

**GAME TIMES:** maximum 20-minute running time halves. No overtime.

**PLAYERS:** U9: 7v7, goalkeeper and keeping score optional.

7v7 is played on a modified field. If both coaches agree to change the rule, the game can be played 12V12. If one coach does not agree the game will be played (7V7). The Officials will not be put in the position of arbitrating a dispute about the number of players on the field as the rule is clear.

**STICKS:** regulation field stick with or without modified pocket. 35" - 42" Only. Sticks may be cut to match length of a player's arm. Goalkeepers are allowed mesh pockets and sticks up to 52 inches long.

**MODIFIED POCKET:** no more than half of the ball may fall below the bottom of the sidewall.

**MODIFIED GOAL:** Smaller (street hockey type) cages may be used. The goal may be modified with a shooting net or turned over to present the triangle opening if no goalkeeper is present.

**OFFICIALS:** at least one certified official. Two certified officials are recommended on all games at all levels. **2nd Grade Boys & Girls Officials Fees:**  
2 Officials \$40.00 each • 1 Official \$60.00

**PENALTY ADMINISTRATION:** cards must be issued at all levels of play. At the U9 level, a substitute must take the place of the carded player while she serves her penalty time.

- No shooting from free position if no goalkeeper or open net
- No offside if 7v7
- No follow through into goal on shots
- Offensive 3 seconds called if defense in checkable position

**DEPUTY:** A deputy is a field player who may enter the goal circle when the goalkeeper is not present.